

Mental Health Grants Programme

Evaluation monitoring form



Date: 27/11/2017

Project name and lead organisation: Making Education A Priority (MEAP)

Form completed by: Hambeleleni Abisai

PROJECT ACTIVITY

This is to inform the evaluation of the overall performance of projects in terms of the kinds and scale of activities delivered, and the number and types of people engaged.

1. Outputs and numbers of activities

- 1.1 What activities did the project deliver? (include, where relevant, the number and types of activities, who these were delivered to, where they took place, and for how long):

Volunteering and work experience: at Highway Hope Charity Shops, collection and delivery with Man and Van, Gardening, serving in community café, Decorating, Art and sports activities (table tennis)

- 1.2 What specific activities involved working with a partner organisation (e.g. IAPT providers, other organisations, health or social care professionals etc.)?

Referrals to GPs, Greater Manchester Mental Health Foundation and the African Caribbean Mental Health service.

2. People engaged

- 2.1 Please tell us about the number and types of people that the project engaged with (include demographic details if possible):

The Project engaged 31 clients:

- 12 participated in skills training and 2 clients were referred to a further education college
- 7 worked as volunteers collecting and delivering orders with the Man and Van community enterprise (Highway Hope).
- 6 worked as volunteers in Highway Hope's charity shops
- 3 volunteered as receptionists at Highway Hope

- 5 worked in Highway Hope's community café
- 2 volunteered in sthe food shop (30 accessed food from the food bank)
- 1 client led an Art Project that involved a further 4 clients
- 12 clients participated in sports activities (table tennis tournaments)

2.2 How many people involved were Black, Asian, and minority ethnic (BAME)?

8 African and African Caribbean, 6 Asian and 17 minority ethnic and White British.

OUTCOMES

This allows grant-holders to demonstrate the impacts of their projects on participants, communities, and the wider mental health system.

3. Impacts and feedback

3.1 What impact did the project have on **participants**? Please include examples and data from feedback forms, questionnaires, project monitoring etc. where possible. We are interested in identifying:

- Increased **support offered to people with mental health problems** who find it difficult to access existing services;
- Improved **mental health and wellbeing**;
- Increased **social inclusion** within neighbourhoods and communities;
- Improved **physical health**.

For more details about impact, see our research project 'Perceptions of social inclusion and wellbeing for community volunteers' (<https://meapsite.wordpress.com/2017/09/08/meap-delivers-mental-health-wellbeing-as-part-of-its-lifelong-learning-education-activities/>)

3.2 What impact did the project have on the **local community and mental health system**? For example, we are interested in identifying:

- Increased **networks, relationships, and joint-working** with statutory services and other voluntary, community and social enterprise organisations;
- Increased **awareness of mental health** issues within organisations;
- Increased **skills within organisations** to help support people with serious and enduring mental health problems.

We were able to make referrals to other mental health services. We were also able to initiate links between the mental wellbeing of our clients and their participation in Highway Hopes various enterprises activities. Our project also identified a need for a mental health support worker, see our research project for more details 'Perceptions of social inclusion and wellbeing for community volunteers' (<https://meapsite.wordpress.com/2017/09/08/meap-delivers-mental-health-wellbeing-as-part-of-its-lifelong-learning-education-activities/>)

3.3 What other impacts did you observe?

Clients that participated in the work experience and volunteering schemes reported reduced isolation, increased confidence to take up training opportunities and employment.

4. Access to IAPT [for projects delivering programme objective two outcomes only]

4.1 Please tell us the number of people your project helped to access an Improving Access to Psychological Therapy (IAPT) service (if applicable): **7**

4.2 How many people were helped to access the following IAPT providers?

42nd Street		
African Caribbean Mental Health Services	✓	4
Gaddum Centre		
Lesbian Gay Bisexual and Trans (LGBT) Foundation		
Greater Manchester Mental Health Foundation Trust	✓	3
Self-Help Services		
Survivors Manchester		

4.3 How many of these people were Black, Asian, and minority ethnic (BAME)?

4 Blacks, 2 Asian and 2 disadvantaged White British.

4.4 Please specify how exactly your project helped individuals to access IAPT services?

We provided referrals to these services.

4.5 Please tell us about signposting and helping people to access Community Mental Health Teams or other local services / organisations:

We signposted clients to GP and the GMMH crises team.

FINAL COMMENTS

5.1 Are there any other comments or feedback you would like to provide regarding your project / the Mental Health Grants Programme / this evaluation?

We have identified a need to employ a community mental health support worker with specialised knowledge and skills to continue supporting the project and supporting our clients with their specific needs.

Thank you for taking the time to complete this form. Please feel free to email other accompanying information that you would like to share, e.g. detailed case studies, videos, photos etc.